



## VEIN TREATMENT

### Patient Information

#### *Pre-Treatment Instructions*

1. Your skin should be completely clean and dry prior to treatment. Remove any skin care products on the day of treatment.
2. **No Sun Tanning** – the area being treated should not be exposed to sun 4-6 weeks prior to treatment. *If you are in the sun during this time, you should defer treatment until a later time.* Treatment of tanned skin may cause blistering or possible hypopigmentation (white spots) which may last for 3-6 months.
3. Do not use tanning creams, spray tans, or any type of temporary skin darkening creams 1-2 weeks prior to treatment, as you can have the same reaction as mentioned in #2.
4. Patients who have a darker skin type may have an increased risk of hypopigmentation (white spots) or hyperpigmentation (dark spots). The Doctor will discuss the best treatment options for you.
5. Patients with a history of the following conditions may not be good candidates for laser treatment and should consult their family doctor when considering treatment:
  - Diabetic patients
  - Patients with poor circulation
  - Patients who have a history of poor healing
  - Patients who take a blood thinner, such as Coumadin or aspirin
6. Patients who are taking high doses of iron may have an increased risk of hyperpigmentation (dark spots).
7. Patients typically tolerate this procedure well.
8. Using the topical anesthetic (numbing agent) such as Lidocaine or EMLA may constrict blood vessels and is **NOT** recommended.