



Dr. Suzanne Leaf, MD
Cosmetic Medicine

SUN SPOT TREATMENT

Patient Information

Post-Treatment Instructions

1. Immediately after treatment, there should be a “slight frosting” - whiteness on the area that is treated. Redness and swelling at the treatment site can occur and may last up to 2 hours or longer. Pinpoint bleeding may also occur.
2. An ointment (Polypore, Aquaphor, or even Vaseline) should be applied to the treated area and covered with a non-stick bandage.
3. After the treatment, the skin will scab over. It is very important not to pick, scratch or aggressively wash the area to prevent possible scarring. The scab should flake off in 7-10 days.
4. Avoid sun exposure (tanning indoors or out) to reduce the chance of hyperpigmentation (darkening of the skin).
5. Use sunblock (SPF 30+) at all times during the course of treatment.
6. There are no restrictions on bathing except to treat the area gently, as with any other wound.
7. Please call our office at 519-207-5323 (LEAF) with any questions or concerns.