

PHOTOJUVENATION OR SKIN TIGHTENING

Patient Information

Post-Treatment Instructions

1. Immediately after treatment, there should be mild redness and mild swelling at the treatment site, which may last up to 2 hours, or longer. The redness may last up to 2-3 days. The treated area will feel like sunburn for a few hours after treatment. Some patients note that their skin feels pleasantly warm after treatment.
2. The Doctor will inform you when you may resume the use of your usual skin care products.
3. Makeup may be used after the treatment as long as the skin is not irritated.
4. Avoid sun exposure to reduce the chance of hyperpigmentation (darkening of the skin)
5. Use sunblock (SPF 30+) at all times throughout the course of the treatment.
6. Avoid picking or scratching the treated skin.
7. There are no restrictions on bathing except to treat the skin gently, as if you had a sunburn, for the first 24 hours.
8. The treatments are often performed a total of 6 times at monthly intervals, for best results. You may notice immediate, as well as longer term improvements in your skin.
9. Please call our office at 519-207-5323 (LEAF) with any questions or concerns.