



Dr. Suzanne Leaf, MD
Cosmetic Medicine

HAIR REMOVAL

Patient Information

Pre-Treatment Instructions

1. Please shave the area to be treated at least 12-24 hours prior to your appointment.
2. No tweezing, waxing, bleaching or plucking for 6 weeks prior to your appointment.
3. You may be asked to stop any topical medications or skin care products 3-5 days prior to treatment.
4. Treatment area must be free of make-up, lotions or creams, deodorant, or ointments. Ensure the skin is dry prior to the treatment.
5. **NO SUN TANNING** (indoor or outdoor) at least 4-6 weeks before and after treatment.
6. Discontinue use of self-tanning products 1-2 weeks before treatment.
7. If you have a history of cold sores or genital herpes, you may be recommended to use prophylactic antiviral therapy, prior to the laser treatment. This will be discussed at your consultation. Follow the directions for your particular antiviral medication.