



HAIR REMOVAL

Patient Information

Post-Treatment Instructions

1. After treatment you should have redness and swelling of each hair follicle in the treatment site, which may last up to 2 hours, or longer. The redness may last up to 2-3 days. The treated area will feel like a sunburn for a few hours after treatment.
2. To sooth the skin, you can try applying Aloe Vera gel, or a cool pack if desired.
3. Avoid sun exposure to reduce the chance of hyperpigmentation (darker skin coloration).
4. Use sunblock (SPF 30+) at all times during the course of treatment.
5. Avoid scratching or picking at the treated skin. It is normal for it to be itchy.
6. Do not use any other hair removal treatment products or similar treatments (waxing, electrolysis or tweezing) that will disturb the hair follicle in the treatment area for 4-6 weeks after treatment.
7. Shaving is allowed at any time between treatment sessions.
8. Anywhere from 5-14 days after the treatment, shedding of the treated hair may occur and this appears as new hair growth. It is NOT new hair. You can clean and remove the hair by washing or gently wiping the area with a wet cloth or loofa.
9. After, if underarms are treated, you may wish to use a powder instead of a deodorant for 24 hours after the treatment to reduce skin irritation.
10. There are no bathing restrictions – except to treat skin gently, as if you had a sunburn, for the first 24 hours.
11. Call for an appointment at the first sign of hair growth (may be fine light coloured hair) to 519-207-5323 (LEAF). This may be within 4-6 weeks for the upper body and possible as long as 2-3 months for the lower body. Hair re-growth occurs at different rates on different areas of the body. New hair growth will not occur for at least 3 weeks after treatment. Most treatments are scheduled every 6-8 weeks.